

WRAPS (30 minutes)

- Partial paraffin wrap (improves blood circulation and warms up before a massage) **350 Kč**
 - Lavender
 - Hempen
 - Herbal-Ayurvedic
 - Coconut
 - Lemon balm
 - Chocolate
- Partial peaty wrap (relaxes muscles and removes the pain) **350 Kč**
- Provides pleasant warmth and quick pain relief.
- Used for back pain, joint pain, arthrosis and rheumatism.
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VITAOCEAN BODY WRAPS

390 Kč

- **Slimming wrap**
The wrap contains FOCUS seaweed, which speeds up the metabolism. The wrap is applied to the buttocks, thighs and tummy. In combination with an instrumental lymphatic massage, the active substances from the wrap reach the deeper layers of the skin.
- **Anti-aging wrap**
Wrap contains extracts of several seaweeds, which moisturize the skin, soften wrinkles and smooth out already formed. The wrap has intense antioxidant effects. The wrap is applied to the buttocks, thighs and tummy. In combination with an instrumental lymphatic massage, the active substances from the wrap reach the deeper layers of the skin.
- **Ayurvedic wrap**
The wrap is consistent with a holistic approach to human and his problems. Wrapping helps to balance the three basic characteristics, or dosha, which, according to Ayurvéea, form the basis of health. The wrap is applied to the buttocks, thighs and tummy. In combination with an instrumental lymphatic massage, the active substances from the wrap reach the deeper layers of the skin.

INSTRUMENTAL LYMPHATIC MASSAGE

Instrumental lymphatic massage activates the lymphatic and blood circulation. Removes cellulite, swelling in the lower half of the body, speeds up metabolism and has a preventive effect on the formation of varicose veins. It is suitable for combination with body wrap, which will increase efficiency.

Price for 35 minutes: 350 Kč

FACIAL COLLAGEN MASK

Professional facial mask in addition to collagen contains active substances that actively affect the appearance of your skin

- Collagen mask with gold and hyaluronic acid - for mature skin
- Collagen mask with Dead Sea mud - for young and oily skin
- Collagen mask with AHA acid - for combination and problematic skin
- Collagen mask neutral - for very sensitive and irritated skin
- Collagen mask with seaweed - for dehydrated skin
- Collagen mask with silver - for dry mature skin

A mask can be combined with wraps, baths and massages.

Price: 150 Kč

PARAFIN HAND WRAP AND HAND MASSAGE

Paraffin wraps are a procedure that combines health and aesthetic effects. They have a beneficial effect on the nervous system and provide protection for the small joints, improving the condition of the joints during arthrosis. The heat improves the blood flow to the skin and has a positive effect on improving the regeneration of muscle spasms. The hands are very well rested after the wrap, and of course there is also a high cosmetic effect. Hands are smooth and velvety.

SPA & RELAX CENTRUM

Price for 30 minutes: 290 Kč

BODY TREATMENT

Spa Ritual – SPORT

This spa treatment is a complex ritual which leads to vital relaxation not only for men. This treatment is suitable after sport and as preparation for sports performance.

1. step

Soft aromatic ice scrub with a mint is composed from brown sugar, salt and Mediterranean essential oils. This scrub purifies the skin, releases deep-seated toxins and removes dead cells. The skin becomes like velvet.

2. step

Intensive mountain bath is composed from 7 herbs. Treat yourself to a relaxing sensation with a bath which has a musky scent and brings real pleasure (20 minutes).

3. step

Aromatic sport massage of whole your body by nature bio oil with aromatic oil of your choice (50 minutes).

Price for 90 minutes: 1350 Kč

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Spa Ritual - KLEOPATRA

The Polynesian spa ritual will take you on an exotic journey of discovery. This journey takes place in 4 steps of maximum relaxation and sensuality.

1. step

The spa ritual begins with a honey scrub which remove toxins from your skin. Your skin becomes soft, smooth and prepared for next treatment.

2. step

The journey continues with aromatic Kleopatra bath which fragrances your body and soul with scent of rose. Your mind is detached from all the worries and will be absorbed in the endless release

3. step

The Mahana massage is a massage born from Polynesian culture. This traditional massage is slow paced, rhythmical and effective. It works into the depth of the muscle.

4. step

The journey ends with application of body butter from Siberian Rose on whole your body. The body is cleansed, hydrated and relaxed.

Price for 90 minutes: 1350 Kč

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BATHS

Thanks to the high proportion of essential oils, the bath will give you an unforgettable relaxation experience that will enrich your body and senses.

- **Eucalyptus** - has an anti-inflammatory effect - influenza, sinusitis, rheumatism
- **Anti-stress with melissa** - indian lemon balm oil soothes and relaxes the whole body and mind, fists the skin, helps with migraine, removes problems with falling asleep
- **Peat** - regenerative bath, affects body and mind. Active substances and minerals relax muscles and tissues, promote regeneration and healing.
- **Juniper** - relaxing bath with a positive effect on blood supply to skin, muscles and joints
- **Lavender** - a harmonizing bath that helps with depression, promotes restful sleep and helps relieve mental stress and tension
- **Mountain** – bath from 7 herbs (lavender, mint, chamomile, nettle, thyme, hay flowers, sage) strengthens and stimulates human organism, promotes mobility and regeneration of muscles
- **Cleopatra bath from roses** - special oil from wild roses in combination with real whey from alpine milk will evoke a soothing and relaxing experience, which even the queen of Egypt Cleopatra indulged in
- **Cleopatra bath orange** - special oil from oranges ripened in the sun in combination with true whey from alpine milk has an antidepressant effect, refreshes and invigorates the mind, improves skin condition, removes its fading and is effective in combating cellulite
- **Cleopatra bath coconut** - Exclusive coconut oil combined with real alpine milk whey relieves everyday stress
- **Whey** - Anti-inflammatory effects on the skin - acne, eczema
 - Tightens, blood circulation and smoothes the skin
 - Suitable for the treatment of psoriasis

Price for 20 minutes: 300 Kč

SPA & RELAX CENTRUM

MASSAGES

Partial Massage (shoulders, nape, back)

- Classical massage
- Anti-stress massage with aroma oils

Price for 25 minutes: 450 Kč

Total Massage (back, shoulders, nape, legs)

- Classical massage
- Anti-stress massage with aroma oils

Price for 50 minutes: 800 Kč

Havana rum massage

Nourishing oils in combination with Cuban rum greatly improve blood circulation to tense muscles and release accumulated stress. Before the massage begins, a cup of Cuban rum awaits you to warm up the body.

Price for 50 minutes: 850 Kč

RELAXATION MASSAGE WITH LAVA STONES

Relaxation induced by massage strokes, rythm and the power of the stones. The strokes are slow, balanced, and spiral wave-like which induces total relaxation and perhaps even a lightly hypnotic, uplifting trance.

Price for 50 minutes: 950 Kč

30 minutes: 550 Kč

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BEER RELAXATION

Beer relaxation creates a feeling of relaxation and well-being, supports overall regeneration of the organism, softens the skin.

1. Beer peeling (15 minutes)
Thanks to the content of beer rich in vitamins and minerals, apricot shells, regenerating panthenol and glycerin, it gently removes dry and coarse skin scales and small impurities
2. Beer bath (20 minutes)
The bath is especially suitable for dry skin that tends to peel, crack and itch. Regenerates skin burnt by sunlight.
3. Total massage with massage emulsion PH 5,5 with ALOE (50 minutes)
Massage with a unique emulsion, which thanks to ALOE VERA contains a whole spectrum of important substances, including vitamins, minerals, trace elements, enzymes and essential amino acids
4. Final relaxation with beer

Price for 90 minutes: 1 350 Kč

SPA & RELAX CENTRUM

COFFEE RELAXATION

Coffee relaxation consists of the following procedures:

1. Coffee peel - "BODY BE SCRUB" (15 minutes) - a blend of coffee beans with highly hydrating oils.
 - Cofein - Stimulates blood circulation, improves cellulite, removes eczema and stretch marks
 - Cane sugar and Himalayan salt will remove the dead cells
 - Coconut oil - moisturizes and softens
 - Cocoa and Vitamin E - have a high antioxidant content that nourishes and protects the skin, promotes cell renewal and rejuvenation.
2. Cleopatra coconut bath (20 minutes) - the combination of quality natural oils and coconut oil will bring you a soothing and relaxing experience full of stimulating scents. Your skin will become healthier and refreshed after bathing, and your body and soul will be rid of everyday stress.
3. Total massage with coconut oil (50 minut), which has a top nurturing effect on the skin, which hydrates and softens. The exotic scent of coconut will carry you to the waves of the Caribbean under the worries of everyday life.
4. Final relaxation with a cup of coffee

Price for 90 minutes: 1 350 Kč

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CHOCOLATE RELAXATION

Chocolate relaxation consists of the following procedures:

1. Almond peeling

- a mixture of sweet almonds, jojoba oil, shea butter and vitamin E removes the ragged skin and prepares it for further care

2. Chocolate total massage (50 minutes)

- the most relaxing, the most sensitive and the most sensible massage
- exceptional remedy against stress mood, chocolate massage stimulates the production of endorin and serotonin

3. Cleopatra coconut bath (20 minutes)

- a combination of high-quality natural oils and coconut oil will bring you a soothing and relaxing experience full of encouraging scents
- your skin will look healthier and fresh after the bath and your body and soul will be relieved of daily stress

4. Final relaxation with a piece of real chocolate

Price for 90 minutes: 1 350 Kč

MASSAGE WITH AROMATIC CANDLE

A relaxing massage with a special massage candle, which illuminates the space to distract the fragrance of the far ocean, and after wax dissolving, we have a warm, luxurious massage product.

- Massage candles with aroma and green tea effect
- Massage candles with aroma of jasmine
- Massage candles with the aroma of an exotic ocean

Price for 30 minutes: 490 Kč

Price for 50 minutes: 850 Kč

INDIAN ANTISTRES MASSAGE

Indian massage 100% aromatic massage oil BALANCE focuses on relaxing the muscles of the shoulders, neck, head and face. It is referred to as anti-stress because it relieves head and eye pain, relieves movement of the shoulders and neck, improves blood flow and helps lymph flow. Massage supports hair growth and improves their quality.

Oil contains a balanced blend of orange and mandarin oil in conjunction with ylang-ylang, cedar wood and vanilla, soothing and harmonizing body and mind.

Price for 25 minutes: 450 Kč

Package „LIGHT LEGS“

- Relaxing herbal bath - relaxing and refreshing bath cools pleasantly, softens the skin while not drying it. It soothes and refreshes tired feet, protects them from excessive sweating, burning and mold.
- Peeling of legs with citrus salt - the fine crystals of the peeling salt remove the remnants of dead skin and at the same time lightly massage. Refreshing citrus add new energy and stimulate the mind, add freshness and vitality. The result will be smooth and silky skin.
- Relaxing feet massage - improves blood and lymphatic circulation, relieves stress, deprives pain and tension of legs. This almost miraculous massage evokes a feeling of inner peace and harmony

SPA & RELAX CENTRUM

55 minutes/ 890 Kč

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